

# SODECS Annual Scientific Meeting Programme



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Venue: Education Centre, Beechwood House, Spire Murrayfield Hospital, Edinburgh

Date: 23rd November 2024

10:00 am - 10:25 am	Registration and Tea/Coffee
10:25 am - 10:30 am	Introduction and Welcome by Dr Hema Pillai, GP & President of SODECS
10:30 am - 01:00 pm	<b>Session 1</b>  <b>Chair:</b> Dr Kiran Sachane, Joint Secretary SODECS, Consultant in Anaesthesia & Pain Medicine, Western General Hospital, Edinburgh.
10:30 am - 11:05 am	<b>"Simplifying heart failure treatment across a range of ejection fractions".</b> Dr Alan Japp - Consultant Cardiologist at Royal infirmary of Edinburgh and National Clinical lead for heart failure, Scottish Government.
11:-10 am - 11:45 am	<b>" Transforming endometriosis care in Scotland"</b> – Dr Mihal Gherghe, (MD, MRCOG) Consultant Gynaecologist and Honorary senior lecturer, Glasgow University.
11:50 am - 12:30 pm	<b>"Update on reducing carbon footprint and sustainability in healthcare in NHS Scotland".</b> - Dr Pavan Raju - Consultant Anaesthetist, Ninewells Hospital, Dundee.
12:30 pm - 01:30 pm	<b>LUNCH</b>
01:30 pm - 04:00 pm	<b>Session 2</b>  <b>Chair:</b> Dr Gautamananda Ray, Joint Secretary SODECS & Consultant in Acute & Stroke Medicine, Royal Alexandra Hospital Paisley, Glasgow.
01:30 pm - 02:05 pm	<b>"Chronic insomnia diagnosis and management".</b> - Dr David Watson, GP with special interest in sleep disorders, Hamilton Medical Group, Aberdeen.
02:10 pm - 02:45 pm	<b>"Pragmatic chronic pain approach - an update".</b> - Dr Devjit Srivastava, Consultant Pain Medicine, Raigmore Hospital, Inverness and chair education at faculty of pain medicine, RCOA, London.
02:45 pm - 03:30 pm	<b>Sisir Tiwary Memorial Lecture &amp; Abstract Presentations</b>  <b>Chairs:</b> Dr Alok Tyagi, Consultant Neurologist, Institute of Neurological Sciences, Queen Elizabeth Hospital, Glasgow & Dr Pankaj Agarwal, Consultant Ophthalmologist, Eye Pavilion, Edinburgh.
03:30 pm - 03:45 pm	<b>COFFEE</b>
03:45 pm - 04:00 pm	Abstract Presentation Winners Prize Distribution & Vote of Thanks

**Prizes for winners of the Abstract Presentation £200 (1st Prize) £100 (Second Prize) £50 (Best e-poster). Federation of Royal Colleges of Physicians & Surgeons 3 CPD credits will be applied for. Registration fees for Scientific Programme – Individual £40. Medic Couples £70 (in total). Students/Trainees £10**

Registration by attached google link <https://forms.gle/hRXB1EtuAqq6gcu5A> or email to [sodecscotland@gmail.com](mailto:sodecscotland@gmail.com) and online payment to SODECS, Bank: Virgin Money Acc Number 80498189 Sort Code 82-61-17 Reference: Scientific Meeting 24